



LOCKHEED MARTIN

## Thanksgiving Meal Items

GPC

	Broth (Beef, Chicken or Vegetable)		Cereal
	Cranberry Sauce		Instant Oatmeal or Grits
	Cream of Soup (Mushroom, Chicken, Celery		Pancake Mix & Syrup
	Stuffing Mix		
	Yams, Canned Potatoes		Snack Items
	Jiffy Corn Bread Mix		Granola Bars/Fruit Snacks
	Canned Gravy or Gravy Mix		Fruit Cups, Pudding Cups
	Dried Beans		Applesauce
	Sides		Graham Crackers
	Canned Veg: Corn, Peas, Squash, Veg. Medley		Kid-Friendly Meals
	Canned Beans: Green, Black, Pinto		Peanut Butter & Jelly
	Dry Macaroni Boxed Mashed Potatoes		Heat & Serve Snacks (Mac & Che
H	Rice		Cups/Hormel Compleats Ravioli
H	Pasta Salad (Suddenly Salad, Hidden Valley)		
			Meals
	Condiments		Spagetti Meal - Pasta, Sauce, To
	Salt & Pepper	H	Hearty Soup (Veggie Beef, Chick
	Sugar		Noodle, Chicken & Rice
	Flour		Hamburger Helper
	Cooking Oil		Canned Chicken/Tuna/Fish
	Cinnamon Powder		Dessent.
	Vanilla Extract		
	Non-Dairy Shelf Milk (Almond, Soy)		No Bake Cheesecake, Cookie Mix Brownie Mix
	Saltine Crackers	_	

Spagetti Meal - Pasta, Sauce, Tomatoes		
Hearty Soup (Veggie Beef, Chicken Noodle, Chicken & Rice		
Hamburger Helper		
Canned Chicken/Tuna/Fish		
Dessert		

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FOR

Breakfast Items

- κ, Pie Shell, Pie Filling, Evaporated Milk,
- Sweetened Condensed Milk



## **HOW TO HELP:**

center for lv resources

- Sign up to host a food drive or donate items for families in need.
- Make an online donation of \$100 to cover groceries for a family.
- Follow the Food Donation List to gather food items needed for our families.

## **DELIVER YOUR DONATIONS:**

- 11/18 11/21: IAM Local Lodge #709, 1032 South Marietta Parkway, SE, Marietta, GA
- For more information on additional drop-off locations, please see our event page

\$10 Gift Cards (Please place them in a separate envelope, not in the box with food)

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\*No glass or perishable items. Please purchase boxes/bags when possible, to help with the weight of the cans.



To host a food drive at your company or business, scan the orange QR code.

For more information, contact ChristalMcNair@thecfr.org. To make an online donation or visit thecfr.org/t4g

